

# Summit B Complex

## Supplement Facts

Serving Size: 2 Tablets

Amount Per Serving		% Daily Value
Vitamin B1 (Thiamine Mononitrate, Hi-Molasses Culture)	6.5 mg	433%
Vitamin B2 (Riboflavin, Hi-Molasses, Culture)	8 mg	471%
Niacin (Niacinamide, Hi-Molasses Culture)	35 mg	175%
Vitamin B6 (Pyridoxine HCl, Hi-Molasses Culture)	9.5 mg	238%
Folate (Folic Acid)	400 mcg	100%
Vitamin B12 (Cyanocobalamin, Hi-Molasses Culture)	25 mcg	417%
Biotin (D-Biotin, Hi-Molasses Culture)	150 mcg	50%
Pantothenic Acid (D-Calcium Pantothenate, Hi-Molasses Culture)	60 mg	300%
Para-Amino benzoic Acid (PABA)	55 mg	†
L-Carnitine	7.5 mg	†
<b>LIPOTROPIC FACTORS</b>		
Inositol	300 mg	†
Choline Bitartrate	450 mg	†
Lecithin (Soybean)	50 mg	
Supplies: Phosphatidyl Choline (Lecithin)	11 mg	
Phosphatidyl Inositol (Lecithin)	6.5 mg	
Phospholipids and Lipid Factors (Lecithin)	27.5 mg	†
<b>HERBAL FACTORS</b>		
Silymarin (Seed)	30 mg	†
Bilberry (Fruit)	12.5 mg	†
Yucca (Root)	15 mg	†
Burdock (Root)	5 mg	†
Echinacea Purpura Extract (root)	3.75 mg	†
Dandelion (Root)	5 mg	†
Liver Complex	50 mg	†
Aloe Vera Gel (Leaf) Concentrate 200:1 (equivalent to 800 mg Aloe Vera Gel)	4 mg	†

† Daily Value Not Established

Other Ingredients: Molasses Culture, Calcium Phosphate, Barley Grass, Wheat Grass Juice, Rice Bran, Calcium Carbonate, Calcium Sulfate, Gelatin Sucrose, Food Glaze, Sea Plex™ (Proprietary blend of Spirulina, Chlor-ella, Irish Moss, Dulse, Kelp, Bladderwick, Sodium Alginate), Gum Arabic, Magnesium Stearate, Betaine, Croscarmellose Sodium, Sillicon Dioxide, Talc, Starch, Titanium Dioxide, Bees Wax. Contains Soybeans Wheat.

Product # 305